

Day of the Dead: Food and Drinks

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What is the Day of the Dead?

The Day of the Dead is a Mexican holiday that celebrates the lives of people that have passed. Some ways they celebrate include:

- *Parades*
- *Parties*
- *Dinners*
- *And visiting lost ones graves*



Pan de Muertos (Day of the Dead Bread)

It's a bread that is made November 2nd for the Day Of The Dead in Mexico.

You can mold the bread into different shapes such as animals, angles, and most commonly skulls.



Champurrado (Mexican Hot Chocolate)

The most common and delicious recipe for this mexican hot chocolate is:

- *In a medium size pot, simmer the milk along with the piloncillo, cinnamon*
- *For slow cooker: In a 4-quart slow cooker, whisk together milk, cinnamon, vanilla extract, and nutmeg. Add chocolate chips*

Best served warm



Sugar Skulls

Sugar Skulls are one of the most well-known Day of the Dead foods. The main ingredients to sugar skulls are:

- *Meringue powder*
- *Granulated sugar*
- *Water*



To make white sugar skulls, you follow the recipe as is, but if you would rather have them colored, you can color the water beforehand.

Tamales

Tamales are a mexican dish with seasoned meat wrapped in cornmeal dough. It is then steamed or baked in corn husk, and usually is served with rice and frijoles.



Desserts

Day of the Dead Favorites:

- *Bone of the Dead Cookies*
- *White chocolate covered strawberries skulls*
- *Skull Cookies*
- *Cake ball Skulls*
- *Skull layer Cake*
- *Mexican Mocha Cupcakes*



Drinks

Some of the drinks passed out around the dinner tables on the Day of the Dead may include:

- *Los Muertos*
 - *A fruity drink, with apples, lime, and apple cider*
- *Ashes to ashes*
 - *A drink with lime, cocoa, and nectar*



Works Cited (1)

Sugar Skulls-

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